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## STUDENT HEALTH AND COUNSELING SERVICES

## Student Health Services

Website: http://www.washburn.edu/current-students/services/health-services/index.html

Morgan Hall 140 (785) 670-1470

Washburn University Student Health Services exists to enhance the learning and development of University students (and staff/faculty), through provision of holistic health care, with a strong emphasis on education, prevention, affordability and patient advocacy. Immunizations, TB testing and urgent care are provided for students, faculty and staff. Additional primary care services include health promotion/ education, treatment of stable chronic conditions, physical exams, well woman exams, LGBTQ+ care, including Hormone Replacement Therapy, and psychological care in collaboration with Counseling Services. Student Health Services will make referrals to community resources as necessary. Psychiatric Mental Health Nurse Practitioner services are available on a limited basis. All clinic services are confidential, and provided at low cost to no cost by our nurse practitioner providers. For more information, please visit Student Health Services (https://www.washburn.edu/ student-life/services/health-services/) website. A low cost health insurance program is available to all students registered for at least 5 credit hours. Information about this plan is available at Student Health Services and at the Student Life office. For more information, visit the Student Health Services (http://www.washburn.edu/current-students/ services/health-services/) website.

## **Counseling Services**

Website: https://www.washburn.edu/student-life/services/counseling/index.html (https://www.washburn.edu/student-life/services/counseling/)

Kuehne Hall 200 (785) 670-3100

College life can be very stressful. At times, students may want additional support to help manage stress and maximize success. Counseling is a place to explore any area of life that a student may be concerned about or wish to improve. For instance, if a student is feeling depressed, anxious, or distracted, counseling may be helpful. Advocacy and case management are available through Counseling Services as well. All services are confidential and free for currently enrolled students. For more information, visit the Counseling Services (https://www.washburn.edu/student-life/services/counseling/) website.

Additional services are available by phone 24 hours a day, 7 days a week by calling (785) 670-3100 and selecting option 2 to speak to someone immediately.